



Taurine

750 mg

SUPPORT FOR HEART, MUSCLE, AND VITALITY





Taurine is a naturally occurring amino acid essential for cardiovascular health and muscular function. Taurine levels may decline with age, stress, and intense physical activity, and can also be lower in those following restrictive or plant-based diets. Low levels may influence heart rhythm, circulation, and muscle performance. Maintaining adequate amounts through replenishment helps reduce the risk of dietary shortfalls.

WHO SHOULD CONSIDER TAURINE?

- Adults seeking to support heart health
- People experiencing muscle cramps due to chronic liver disease
- Individuals with reduced dietary taurine intake, like older adults
- Vegans and vegetarians
- Athletes and active individuals

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Each vegetable capsule contains:

Taurine (2-aminoethanesulfonic acid) 750 mg

Other ingredients:

Vegetable magnesium stearate in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

Directions of use:

Adults: Take 4 capsules daily or as directed by your health-care practitioner.
V0566-R1 · NPN 80141973

- **Manufactured in Canada in a certified cGMP (Current Good Manufacturing Practices) facility.**
- **All ingredients and finished products are tested for quality and safety in an ISO 17025-accredited laboratory.**

To ensure these products are right for you, always read and follow the label.

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